



Profilo : Pre & Post Care Information

Profilo is an injectable product that stimulates skin cells to make more collagen and elastin.

It is composed of long and short chain un- crosslinked hyaluronic acid.

The main indication of Profilo is mild to moderate skin laxity, or skin sag and improvement in skin texture and hydration. It is not a lifting or volumising filler

Profilo can be used anywhere on the body but is most useful in areas with laxity eg. Cheeks, lower face, jowls region, lines around the mouth, the neck and décolletage region.

It is a low risk procedure with a natural aesthetic

The main issues are swelling and bruising in the few days post injection.

Pre-Treatment:

- To reduce bruising risk, avoid blood-thinning medications/ supplements for one week before your appointment:
 - e.g. aspirin, ibuprofen. If you take anti coagulants for a cardiovascular condition, please don't stop them.
 - e.g. herbal supplements such as garlic, vitamin E, ginko biloba, St. John's Wort and fish oil.
- some patients use Arnica to reduce bruising. If you chose to do this start 2 days before your injections and continue for a week.
- Please don't drink alcohol for 24 hours before or after your treatment to avoid extra bruising.
- Please expect redness, bruising and swelling at the injection sites and factor this into your social plans. Bruising may last up to 2 weeks.

Post-Treatment:

- If you have swelling, apply a cool compress for 15 minutes each hour or take an antihistamine.
- Use paracetamol for discomfort.
- You can massage the area if you have swelling.
- If you are worried, please contact us for advice



*The normal initial course of Profilo is of 2- 3 treatments every 4 weeks.
Maintenance is required every 9- 12 months.*