



Pre & Post Depigmentation Peel Instructions

1. Pre Depigmentation advice:

- avoid sun/heat exposure and wear sunscreen every day, twice a day.
- **DO NOT HAVE**
 - chemical peels, dermal needling or laser procedures 14 days prior to treatment
 - waxing or use depilatory (hair removal) products for 7 days prior to treatment.

2. Post Cosmelan Depigmentation advice:

- avoid sun/heat exposure and wear sunscreen every day, twice a day.
- Do **NOT** get another treatment or procedure (including peels, facials, or microdermabrasion) on the treated area for **30 days** following.
- While you are Cosmelan 2 for the next 4-5 months: **STOP** 5 days prior to waxing, and do not restart treatment until 3 days after waxing. Threading can be done normally.

3. Post Peel Home Care Instructions: a detailed instruction sheet will be given to you at the time of your appointment.

We want you to have an outstanding result.

Please note down any questions you might have below.

Notes/Questions: