

## cosmelan after care instructions

### Client Information:

Name: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Clinic Name: \_\_\_\_\_

Practitioner: \_\_\_\_\_ Telephone: \_\_\_\_\_

### Treatment Information:

The cosmelan treatment mask will be applied in clinic.

The mask is to be left on the skin for \_\_\_\_\_ hours.

Please remove mask at \_\_\_\_\_ PM

On completion of application time, remove cosmelan 1 mask with lukewarm water and continue with the first 72 hours steps below.

**PLEASE NOTE:** *It is imperative that **ONLY** mesoestetic skincare products are to be used as part of the cosmelan method to achieve the best possible outcome but also minimise the incidence of reactions.*

*The homecare should be followed for up to six months after the treatment*

### First 72 Hours Post Treatment:

AM	PM
<ul style="list-style-type: none"> <li>• hydracream fusion</li> <li>• hydratonic mist</li> <li>• melan recovery</li> <li>• mesoprotech melan 130 pigment control</li> </ul>	<ul style="list-style-type: none"> <li>• hydracream fusion</li> <li>• hydratonic mist</li> <li>• hydravital mask for 20 minutes</li> <li>• melan recovery</li> </ul>

### First 4 Weeks Post Treatment:

AM	PM
<ul style="list-style-type: none"> <li>• hydracream fusion</li> <li>• hydratonic mist</li> <li>• cosmelan 2 maintenance cream</li> <li>• hydra-vital factor k</li> <li>• melan recovery</li> </ul> <p><b>Please Note:</b> If cosmelan 2 maintenance cream cannot be tolerated on its own, then it is mixed (equal amounts) with hydra-vital factor k followed by melan recovery</p> <ul style="list-style-type: none"> <li>• mesoprotech melan 130 pigment control</li> </ul>	<ul style="list-style-type: none"> <li>• hydracream fusion</li> <li>• hydratonic mist</li> <li>• Alternate night – apply hydravital mask for 20 minutes</li> <li>• cosmelan 2 maintenance cream</li> <li>• hydra-vital factor k</li> <li>• melan recovery</li> </ul> <p><b>Please Note:</b> If cosmelan 2 maintenance cream cannot be tolerated on its own, then it is mixed (equal amounts) with hydra-vital factor k followed by melan recovery</p>

**Optional Step – From Week 6:**

- **aox ferulic** in the morning, to help boost results and enhance brightness
- **ha densimatrix** in the morning for additional hydration (applied over the top of aox ferulic)

**Following 5 months Post Treatment:**

<b>AM</b>	<b>PM</b>
<ul style="list-style-type: none"><li>• hydracream fusion</li><li>• hydratonic mist</li><li>• hydra-vital factor k <b>OR</b> melan recovery</li><li>• mesoprotech melan 130 pigment control</li></ul>	<ul style="list-style-type: none"><li>• hydracream fusion</li><li>• hydratonic mist</li><li>• cosmelan 2 maintenance cream</li><li>• hydra-vital factor k</li><li>• melan recovery</li></ul> <p><b>Please Note:</b> If cosmelan 2 maintenance cream cannot be tolerated on its own, then it is mixed (equal amounts) with hydra-vital factor k followed by melan recovery</p>

---

**Additional Information:**

---

---

---

---